

Manitoba Paddling Association

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Activity Informed Consent Agreement and Permission Slip

Thank-you for considering an activity with the Manitoba Paddling Association. Our priority is to provide a safe and enjoyable experience which fosters a love for paddling and an appreciation for water safety. The significant benefits of our programs include the development of canoe, dragon boat, and kayak paddling skills, increased knowledge of water safety, and enjoyment of outdoor recreation. Paddling is a very safe activity, but there are inherent risks. The risks and means by which we reduce the risks are described below.

	Risks	Risk Reduction
Common	<ul style="list-style-type: none">- Sunburn- Blisters- Muscle strain- Insect bites	<ul style="list-style-type: none">- Participants are required to wear appropriate clothing, sunscreen- Participants receive instruction on safe paddling and are required to follow instructors' directions
Rare	<ul style="list-style-type: none">- Bruises/fractures due to falls- Cuts/dental injury/concussion- Heat stroke/dehydration- Hypothermia	<ul style="list-style-type: none">- MPA instructors receive annual safety training including first aid & CPR- Injury prevention is prioritized
Extremely Rare	<p>Death or severe injury from:</p> <ul style="list-style-type: none">- Drowning/near drowning- Lightning strike or injury arising from severe weather <p>- Worsening of pre-existing medical condition or allergy</p>	<ul style="list-style-type: none">- All participants must wear PFDs- CanoeKayak Canada's Code of Safety is used to guide safety practices and cessation of activity due to extreme weather- Participants are required to notify instructors of any significant medical conditions

Agreement/Permission Slip

I, _____ (print name), parent/guardian of
_____ (child's name, if applicable), have been informed
of the risks of participating in the planned paddling activity (insert details below if desired):

I agree to follow the direction of Manitoba Paddling Association staff or representatives in order to optimize safety or have instructed my child to do so (where the participant is a minor).

Signature

Date

Please note: photos may be taken for promotional purposes, but with no identifying information